

Flesh Food Dangers

3 John 2 – “Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth.

Revelation 14:6-7 – “And I saw another angel fly in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people, Saying with a loud voice, **FEAR GOD AND GIVE GLORY TO HIM**; for the hour of his judgment is come: and worship him that made heaven, and earth, and the sea, and the fountains of waters.

1 Corinthians 10:31 – “Whether therefore ye eat or drink, or whatsoever ye do, do all to the glory of God.”

Isaiah 55:2 – “...eat ye that which is good...”

Romans 12:1 – “...Present your bodies a living sacrifice...”

Hosea 3:5-4:3 – The dangers of flesh foods in the last days...

“...in the latter days... Shall the land mourn, and every one that dwelleth therein shall languish, with the beasts of the field, and with the fowls of heaven; yea, the fishes of the sea also shall be taken away.”

*****TAKEN AWAY = To Die of Sickness and Disease**

TODAY:

- **Chickens Have The Flu**
- **Cows Are Mad**
- **Fish Are Full Of Mercury**

Deuteronomy 14:20-21 – “But of all clean fowls ye may eat. Ye shall not eat of any thing that dieth of itself.”

THE DANGERS OF FLESH FOOD:

“Flesh was never the best food; but its use is now doubly objectionable, since disease in animals is rapidly increasing...people are continually eating flesh that is filled with tuberculosis and cancerous germs. Tuberculosis, cancer, and other fatal diseases are thus communicated.” {MH 313.2}

“The liability to take disease is increased tenfold by meat eating...your safest course is to let meat alone.” {2T 63.3}

“The effects of a flesh diet may not be immediately realized; but this is no evidence that it is not harmful. Few can be made to believe that it is the meat they have eaten which has poisoned their blood and caused their suffering. Many die of diseases wholly due to meat eating, while the real cause is not suspected by themselves or by others.” {MH 315.1}

WHAT ABOUT FISH?

“In many places FISH become so contaminated by the filth on which they feed as to be a cause of disease. This is especially the case where the FISH come in contact with the sewage of large cities.

The **FISH** that are fed on the contents of the drains may pass into distant waters and may be caught where the water is pure and fresh. Thus when used as food they bring disease and death on those who do not suspect the danger.” {MH 314.3}

IT IS TRUE THAT: “We are not to make the use of flesh food a test of fellowship, but we should consider the influence that professed believers who use flesh foods have over others.” (9T 159.3)

BUT It shouldn't take them long to advance to a healthier diet either.

“Truths that we have been years learning must be learned in a few months by those who now embrace the Third Angel's Message...those who embrace the truth now will have to step fast.” (1 MR 33.4)

WHEN DEALING WITH THOSE WHO STILL EAT MEAT, THE FOLLOWING SHOULD BE KEPT IN MIND:

EIGHT RULES FOR EATING FLESH:

1. **Must Be Clean** (Leviticus 11/Deuteronomy 14)
2. **No Fat** (Leviticus 3:17)
3. **No Blood** (Leviticus 3:17)
4. **No Blemish** (Leviticus 3:1)
5. **Not Strangled** (Acts 15:20)
6. **Cannot Be Cooked In Its Mother's Milk** (Deuteronomy 14:21) (example: No Stroganoff)
7. **Not Dying Of Itself** (Deuteronomy 14:21)
8. **Must Be Eaten By The Third Day** (Leviticus 19:5-7)

EATING FLESH CAUSES THE FOLLOWING:

1. An Appetite For Liquor (CD 268)
2. Contaminated Blood (CD 384)
3. Apoplexy (a sudden deprivation of all sense and voluntary motion) (2SM 419)
4. Blood filled with cancerous tumors and scrofulous tumors (3T 56.3)
5. **Cancers** (MH 313)
6. Cholera (4sG-a 147)
7. Convulsions (2SM 419)
8. Cramps (2SM 419)
9. Fainting spells (CH 531)
10. Fevers (2T 153.2)
11. Pain (CH 575-576)
12. **Death** (CH 575-576)
13. Inflammation (MM 278)
14. Unhealthy Muscles (CD 387)
15. Excited Nerves (CH 114)
16. Passions Excited (Ed 203)
17. Poisons of The Worst Kind (2T 404-405)
18. Resistance To Disease Is Lowered (compromised immune system) (CD 386-387)
19. Scrofula (tumors in the glands of the neck, under the chin and in the armpits) (CD 388)
20. **Secret Vice** (masturbation) encouraged in childhood (CD 399-400)
21. Injured Stomach (2T 486)
22. **Sudden DEATH** (2SM 419)
23. Perverted Taste Buds (2T 486)
24. TB (Tuberculosis) (CD 388)

25. Tumors (CD 383)

26. Is Harmful Especially to the Children (2T 362/CD 232-233)

SOMETHING TO ALSO KEEP IN MIND:

"It is a mistake to suppose that muscular strength depends on the use of animal food. The needs of the system can be better supplied, and more vigorous health can be enjoyed, without its use. The grains, with fruits, nuts, and vegetables, contain all the nutritive properties necessary to make good blood. These elements are not so well or so fully supplied by a flesh diet. Had the use of flesh been essential to health and strength, animal food would have been included in the diet appointed man in the beginning." MH 316.2}

A question people often ask is "If Jesus ate fish and flesh food, why can't we eat it today?" The meat in Jesus' day was not contaminated with mercury and other diseases that we have today. Also, the way the meat in the market is prepared today is not according to biblical guidelines.

Proverbs 4:18 – "The path of the just is as the shining light, that shineth more and more unto the perfect day."

Acts 3:20-21 – "And he shall send Jesus Christ, which before was preached unto you: Whom the heaven must receive until the times of restitution of all things, which God hath spoken by the mouth of all his holy prophets since the world began." *Note: RESTITUTE = To restore as in the beginning.

"Vegetables, fruits, and grains should compose our diet. Not an ounce of flesh meat should enter our stomachs. The eating of flesh is unnatural. We are to return to God's original purpose in the creation of man." {CD 380.2}

"Those who have received instruction regarding the evils of the use of flesh foods, tea, and coffee, and rich and unhealthful food preparations, and who are determined to make a covenant with God by sacrifice, will not continue to indulge their appetite for food that they know to be unhealthful. God demands that the appetite be cleansed, and that self-denial be practiced in regard to those things which are not good. This is a work that will have to be done before his people can stand before him a perfected people." {CD 381.2}

"Those who profess to be fitting for translation should not become butchers." {2T 60.3}

"What man with a human heart, who has ever cared for domestic animals, could look into their eyes, so full of confidence and affection, and willingly give them over to the butcher's knife? How could he devour their flesh as a sweet morsel?" {MH 316.1}

"Among those who are waiting for the coming of the Lord, meat eating will eventually be done away; flesh will cease to form a part of their diet. We should ever keep this end in view, and endeavor to work steadily toward it." (CD 380.4)

ONE LAST THING TO KEEP IN MIND:

"If our appetites clamor for the flesh of dead animals, it is a necessity to fast and pray for the Lord to give His grace to deny fleshly lusts which war against the soul." {MM 283.1}

SOMETHING TO PONDER:

Not eating flesh is so serious, that God calls it an evil thing for ministers to do and says if they have been in the message for some time and are still eating it that [God's people are not to sit under them to listen to the messages they preach.](#) “Let not any of our ministers set an evil example in the eating of flesh meat...” {CD 399.3}

“[Those who love the truth](#) and appreciate the question of temperance in all its bearings [should not be placed in the charge of a minister who has not heeded the light](#) God has given upon health reform. [What help can a man be to a church if he is not walking in the light?](#)” {MM 238.3}

Link to my blog:

<http://ravishingrecipesandhealthfacts.blogspot.com/2017/12/flesh-food-dangers.html>